

REFLECTIONS ON GALATIANS

Although each book has its wisdom, this one really stands out for me. It allowed me to get in closer contact with the voice of Jesus, and to continue to connect more on a personal level.

More than anything else this book put me in touch with what I am calling, "the power of willingness."

Previously, willingness was a vague thought, desire, wish. It was a wanting, but the only power it had was the power of emptiness. My willingness was the desire that a need be fulfilled. I do not deny the power of wanting, but I no longer look upon wanting as willingness.

Willingness is an energy, but it is an energy that requires forms of expression. I can say and think that I am willing, but I need to question, "How is my willingness being expressed?"

For instance, I might think that my desire to write a book is the same as my willingness to write a book, but I know from experience that I can want something, or think I want something, but as it turns out I am not doing anything to get it. Eg. I am not setting time aside during the day to write; I am not researching; I am not exploring markets. Simply put, my wanting, my willingness as strong as it may seem, is an empty wish.

True willingness has legs. It moves, it expresses itself.

Taking this to the spiritual realm, I desire inner peace; I am willing to experience inner peace. What am I doing/thinking that is an expression of that willingness?

Do I pray, meditate, avoid conflictual thinking and action, release disruptive behavior and thoughts, seek out those people, places and events which will contribute to my peace?

Those are expressions of my willingness. They do not create inner peace by themselves, but they open the door, help clean out the waste, so that I may know the inner peace that is already mine.

That is just an example of the power of willingness. It is not a passive thing. Willingness is the active expression of my soul, as it opens itself to